

Join our Microsoft Teams meeting

Microsoft Teams works on nearly all devices



PC/Mac computer
(Recommended)



Tablet
(Apple or Android)



Smartphone
(Apple or Android)

Days before

Go to microsoft.com/teams to get the app for your device.

15 minutes before

- Find a quiet space with strong Wi-Fi.
- Test your Wi-Fi at speedtest.net.
- Close other apps that are unrelated to the class.
- Go to salemhealth.org/BariatricGroup and click the join button to join the meeting.

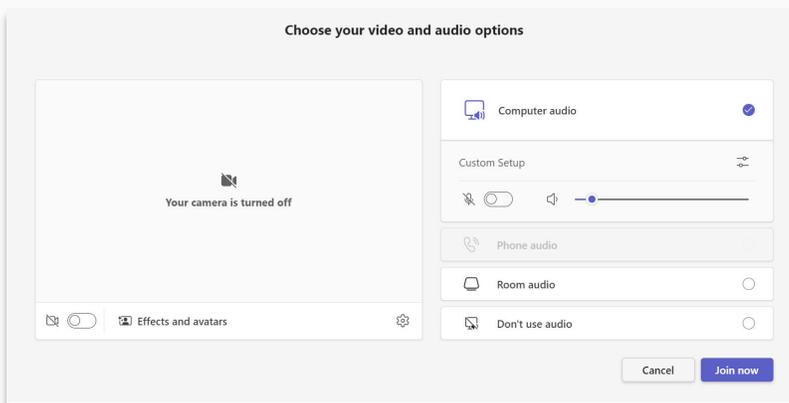
Join the meeting

- When joining the meeting, you may be asked to set up your device's permissions (camera and microphone).
- You can join with your existing account, if you have one. If you don't have one, you will need to enter the meeting ID and Passcode, which are the same for every meeting.

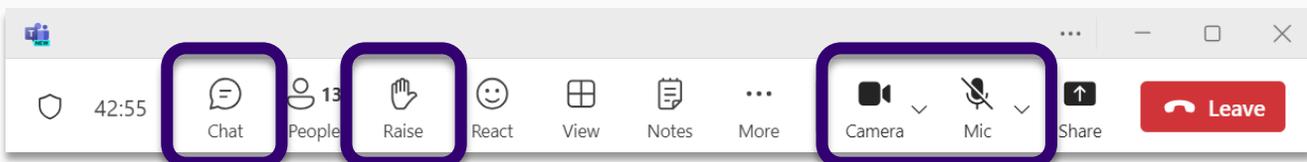
Meeting ID 273 871 429 165

Passcode f2BPbi

Getting started



Before clicking the **Join now** button, make sure your camera is **on** and your mic is **off**.



To ask a question in the chat, click the Chat button to open/close the chat.

If you'd like to speak up during the meeting, click the **hand raise** button to let us know.

Please have your video **on** and your mic **off** during the meeting.